

AQUA TREADMILL

PROFESSIONAL

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FITNESS • WELLNESS • WEIGHT LOSS • REHABILITATION • PERSONAL TRAINING



HYDRORIDER®

AQUATIC PROFESSIONAL EQUIPMENT - MADE IN ITALY

www.hydrorider.com

AQUATREADMILL PROFESSIONAL

The Hydrorider AquaTreadmill is a unique Aquatic Treadmill made of marine stainless steel AISI 316L (rust proof.). The Hydrorider AquaTreadmill platform is made of 308 rolls that are rotating over flexible shock absorbing supports. There is no mechanic resistance nor motor moving the rolls. The user has to move actively the legs impressing a force/movement toward the back contrasting the water resistance while the foot is sliding over the rolls, and again back to the front recalling the leg and starting a new step with the other leg.

Walking and running on land has few side effects besides those provoked by the body weight, which, sometimes, can become an excessive load for the joints and spine. Let's enter the water now! As a result, we will dramatically reduce the weight effect on our body improving balance, muscular perception and blood circulation.

Hydrorider has made this possible with the new Hydrorider AquaTreadmill that allows the user to walk and run while immersed in the water

taking advantage of the buoyancy and other benefits of the aquatic environment.

The Hydrorider AquaTreadmill has been tested for two years before its market launch, with the goal to open new frontiers for the Aquatic Fitness, the Rehabilitation and the Athletic Training.

The AquaTreadmill Hydrorider is a multipurpose piece of equipment, perfect for group exercise, circuit training, physical therapy, rehabilitation, personal training and athletic training.

With special population it can be utilized for people with limitations due to arthritis, fibromyalgia, previous injury, obesity or those who are de-conditioned, also suitable for coop use with medical and fitness facilities.



PATENTED
Made in Italy

HYDRORIDER AQUATREADMILL ADVANTAGES

- Suitable for alternate groups; for example 10 AquaTreadmills can be used by 30 people alternating during the same training program
- Attracts the attention of many clients types across all age groups, and helps facilities to increase customer base
- Suitable for Circuit Training programs such as "Aquathriathlon" and "Run and Box"
- Offers the possibility to give to the clientele different options like Cardio Station, Personal Training, Rehabilitation and Aquafitness
- Its simplified structure makes it a low to no maintenance piece of equipment
- Adjustable inclination at three levels

Acciaio Inox Marino
AISI 316L
(anticorrosione).

308 independent rolls: rotating over flexible shock absorbing supports. enable the natural and autonomous movement of both legs, allowing the user to move in respect the body biomechanics.

Active Legs Movement: users don't have to follow a mechanically activated treadmill, but can freely move their own legs, walking and running, while sliding on the rollers and contrasting the resistance of the water.

The Shock Absorbing Running Platform: guarantee an optimal fluency, and a stress free workout, also carries out an effective massage to the soles, activate the peripheral circulation stimulating the nerve endings.

Bases: are covered with double anti skid rubber protection for better floor adhesion and protection. Safe on all type of pool floors: ceramic tiles, mosaic and PVC.

The buoyancy property: allows the user to walk and run providing a stress free training for the joints avoiding the traumas caused by walking and running on land.

Maintenance: Hydrorider greatest asset; The equipment requires low to no maintenance. We recommend to periodically check the condition of the rubber pieces and the rollers.

Equipment dimitions (assembled)			Pack Dimitions (woodcase)		
Lunghezza	130 cm	51 inches	Length	133 cm	52,4 inches
Slide Board Width:	56 cm	22 inches	width	87 cm	34 inches
Bases width	78 cm	31 inches	Height	43 cm	17 inches
Height	140 cm	55 inches	Weight	43 kg	95 lbs
Weight	36 kg	79 lbs			

Pool Depth: The ideal Pool depth is between 110cm and 140cm.

Storage: The AquaTreadmills can be stored or left on the deck or in the water.

Special recommendations: The equipment is suitable to use in thermal, salt and mineral rich waters, in which case it is recommended to rinse the treadmills with fresh water and towel dry them when taken out of the pool. Periodically use a stainless still cleaning solution to help prevent deposits of metals or chemicals.

Rings for belts are recommended for special population.

For a better performance and in order to protect the foot, it is recommended to wear aquagym shoes (provided by Hydrorider by request).